


Projekt TERA – rozvoj spolupráce a výměny zkušeností mezi studenty, pracovníky Univerzity Palackého v Olomouci a institucemi veřejné správy a aplikační sféry v oblasti psychoterapie, arteterapie, dramaterapie, muzikoterapie a tanečně pohybové terapie

SPEAKER'S PROFILE

TITLE OF LECTURE	Psychology in New Zealand
TIME AND PLACE	20. 5. 2013 , Vodární 6, Katedra psychologie FF UP v Olomouci
DEPARTMENT ORGANIZING THE LECTURE	Katedra Psychologie

SPEAKER	Fiona Howard MA, DipClinPsych Senior Tutor, Doctorate in Clinical Psychology Programme
	<p>Fiona is a Senior Tutor in the Doctoral Programme of Clinical Psychology at the University of Auckland. Her role involves the oversight and organisation of the clinical internships for doctoral students. She also teaches at both undergraduate and post-graduate levels. Fiona holds a part-time lectureship in the Department of Education, School of Counselling, Human Services and Social Work teaching on the Professional Diploma of Supervision. She also works in part-time private practice.</p> <p>Fiona's clinical experience and interests lie in adult mental health, addiction and positive psychology. In particular Fiona is interested in approaches to managing stress and maintaining health and well-being in clinical practice. In addition to this Fiona has been providing training workshops in clinical supervision for over 10 years, facilitating workshops for many health professionals and organisations including District Health Boards, CYFS, Corrections, University of Waikato and Victoria University.</p> <p>Fiona is also on the Board of Trustees for the Higher Ground Drug Rehabilitation Trust.</p> <p>Research interests: Adult clinical psychology; drug and alcohol abuse; clinical supervision, coaching and mentoring; positive psychology; stress and well-being.</p> <p>Kontakt: f.howard@auckland.ac.nz</p>

Tento projekt je spolufinancován Evropským sociálním fondem a státním rozpočtem České republiky.



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pro konkurenceschopnost



INVESTICE DO ROZVOJE VZDĚLÁVÁNÍ

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ANNOTATION

14.00: Psychology in New Zealand - A brief presentation of the study of clinical psychology and the University of Auckland with special emphasis on cultural competence. Also a discussion about mental health issues in New Zealand and the challenge of applying clinical psychology in the New Zealand health system at this time.

15.00: Break.

15.30: Building resilience in New Zealand psychologists - a brief summary of a mixed methods research project examining the key variables in resilience. Presentation an approach to clinical supervision which is primarily oriented to wellbeing of the supervisee. The approach is a relational-contextual one where the relationship is central to the supervision, embedded within a network of growth fostering collegial relationships. Stress management, self care and resilience interventions provide the focus of the supervision.

16.30 or 17.00: Finish.

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