

Projekt TERA – rozvoj spolupráce a výměny zkušeností mezi studenty, pracovníky Univerzity Palackého v Olomouci a institucemi veřejné správy a aplikační sféry v oblasti psychoterapie, arteterapie, dramaterapie, muzikoterapie a tanečně pohybové terapie

SPEAKER'S PROFILE

TITLE OF LECTURE	The Evolution of Reduced Environmental Stimulation
TIME AND PLACE	3.11.2014, 16:15 – 18:45 hod Filozofická fakulta UP, Tř. Svobody 26, Olomouc
DEPARTMENT ORGANIZING THE LECTURE	Department of Psychology

SPEAKER 'PROFILE	Peter Suedfeld
	Peter Suedfeld is Dean Emeritus of Graduate Studies and Professor Emeritus of Psychology at The University of British Columbia. He is a pioneer in researching the effects and uses of the Restricted Environmental Stimulation Technique, or REST (formerly called "sensory deprivation), and was the first president of the International REST Investigators' Society. His research, using laboratory, field, and archival methods and reported in close to 300 publications, focuses on coping, resilience, and growth during and after challenging experiences and environments. Recipient of many scientific awards, he is a Fellow of the National Academy of Arts and Sciences (the Royal Society of Canada) and both the Canadian and American Psychological Associations, Honorary Fellow of the Royal Canadian Geographical Society, Fellow International of the Explorers Club, and full member of the International Academy of Astronautics.
ANNOTATION	<i>The Evolution of Reduced Environmental Stimulation</i> This presentation traces the history of works in the understanding of reduced levels of environmental (social and physical) stimulation. It begins with the role of stimulus reduction in major religious developments, briefly gives examples of artistic and philosophical approaches to the subject. The main body of the presentation presents an overview of scientific research on the topic, especially studies involving profound stimulus reduction in laboratory chambers and flotation tanks. Theories, summaries of results, and applications to practical life problems and issues are considered, and the variety of specific environments is shown.

Tento projekt je spolufinancován Evropským sociálním fondem a státním rozpočtem České republiky.



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