

Projekt TERA – rozvoj spolupráce a výměny zkušeností mezi studenty, pracovníky Univerzity Palackého v Olomouci a institucemi veřejné správy a aplikační sféry v oblasti psychoterapie, arteterapie, dramaterapie, muzikoterapie a tanečně pohybové terapie

SPEAKER'S PROFILE

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| TITLE OF LECTURE | The conditions, effects, and uses of chamber REST |
| TIME AND PLACE | 4.11.2014, 13:15 – 16:00 hod Filozofická fakulta UP, Tř. Svobody 26, Olomouc |
| DEPARTMENT ORGANIZING THE LECTURE | Department of Psychology |

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| SPEAKER'S PROFILE | Peter Suedfeld |
| | Peter Suedfeld is Dean Emeritus of Graduate Studies and Professor Emeritus of Psychology at The University of British Columbia. He is a pioneer in researching the effects and uses of the Restricted Environmental Stimulation Technique, or REST (formerly called "sensory deprivation"), and was the first president of the International REST Investigators' Society. His research, using laboratory, field, and archival methods and reported in close to 300 publications, focuses on coping, resilience, and growth during and after challenging experiences and environments. Recipient of many scientific awards, he is a Fellow of the National Academy of Arts and Sciences (the Royal Society of Canada) and both the Canadian and American Psychological Associations, Honorary Fellow of the Royal Canadian Geographical Society, Fellow International of the Explorers Club, and full member of the International Academy of Astronautics. |
| ANNOTATION | This presentation deals with the development of the chamber version of the Restricted Environmental Stimulation Technique (REST), from its beginning at McGill University in the early 1950's until the present. Examples of particular laboratory environments, theories, and studies are discussed, as is the more recent development of applications to treatments of addictive behavior and other life problems. |

Tento projekt je spolufinancován Evropským sociálním fondem a státním rozpočtem České republiky.



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